



Pain PACT

Partnership And Care Today™

Background

Perhaps nothing is as universally experienced as pain. Quality care requires a partnership and a commitment to screening all residents for pain and prompt action when pain is identified.

Pain is a complex, subjective phenomenon with far reaching negative consequences for residents, healthcare professionals and healthcare systems. Attention to pain assessment and management will improve the quality of care and quality of life of residents with pain.

Scope of the Problem

- ◆ Pain is prevalent among older people:¹⁻³
 - 25-50% of community dwelling older adults²
 - up to 80% of residents in long-term care facilities³
- ◆ Older adults with cognitive impairment receive less pain medication than those who are able to communicate, despite equal incidence of painful illness.⁴
- ◆ Most health conditions associated with aging carry a substantial burden of pain.²

References: 1. Closs SJ, Barr B, Briggs M, et al. A comparison of five pain assessment scales for nursing home residents with varying degrees of cognitive impairment. *J Pain Symptom Manage* 2004; 27:196-205. 2. Hadjistavropoulos T, Herr K, Turk DC, et al. An interdisciplinary expert consensus statement on assessment of pain in older persons. *Clin J Pain* 2007;23:S1-S43. 3. Feldt KS. Improving assessment and treatment of pain in cognitively impaired nursing home residents. *Annals of Long Term Care*. 2000;8:36-41. 4. Herr K, Bjoro K, Decker S. Tools for assessment of pain in nonverbal older adults with dementia: a state-of-the-science review. *J Pain Symptom Manage* 2006; 31:170-192.

Overview of Pain PACT

Pain PACT is a collection of print and presentation resources developed to assist healthcare professionals who provide education for staff in the long-term care setting.

- ◆ Innovative education strategy designed to increase awareness and aid staff in caring for residents with pain
- ◆ Incorporates principles of adult education and learning to enhance retention and assimilation of information
- ◆ Designed to minimize preparation time while maximizing education time & outcomes



Highlights of Pain PACT

- ◆ Instructor's Guide
- ◆ Interactive educational modules:
 - Referenced visual aides for print or presentations
 - Detailed presenter notes
 - Objectives and overview
- ◆ Print resources
 - Highlight quality pain care
 - Available for use as handouts
 - Simple & concise clinical reference tools
 - Reinforce education
- ◆ Presenter selects modules and resources to customize the educational experience



Pain PACT™

**Please
PRINT
Information**

Allow 4-6 weeks for delivery.

Dear Healthcare Professional:

To order the **Pain PACT Instructor's Packet**, complete and sign this order form. Fax this entire sheet to Terry Newell at (203) 588-6213.

Quantity: One per order form (0ME300).

NAME: _____ DEGREE _____

ORGANIZATION _____

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Purdue Pharma's medical education resources are free of charge to healthcare professionals.
Please call Terry Newell at (203) 588-7241 with any questions.

- Medical Director
- Director Nursing
- Consultant Pharmacist
- Educator
- Other _____



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